Prevent Child Abuse Nevada Strategic Plan 2021-2026





Table of Contents

| Status of Child Maltreatment in Nevada | 3 |
|---|----|
| Introduction | |
| Mission | 5 |
| Vision | 5 |
| Overarching Goals | 6 |
| Overarching Goal 1: Prevent Child Abuse Nevada Chapter Infrastructure | 7 |
| Overarching Goal 2: Community Resources | 9 |
| Overarching Goal 3: Public Awareness | 10 |
| Overarching Goal 4: Trainings and Prevention Programs | 13 |
| Overarching Goal 5: Advocate to Improve Child Safety | 15 |

The Impact of Child Maltreatment

Studies have continuously shown that child maltreatment has far reaching consequences for victims, families, the community, and the economy. Young victims of child maltreatment suffer from impaired development and problematic behaviors that continue even after the child has been removed from the abusive environment. Even when the child has been exposed to consistent positive parenting experiences from adoptive parents, foster parents, and parents who have changed their abusive behaviors, the child still may suffer. ⁵ Also, the effects of child maltreatment may vary depending on the circumstances, the child, or the environment. The consequences can be short-term or last a lifetime. ¹

Child maltreatment, in addition to impacting the victims and families directly, impacts communities as a whole economically when taking into consideration both direct and indirect costs. The annual estimated cost of child maltreatment is 428 billion dollars. Direct costs consist of hospital, ambulance, law enforcement and state agency involvement; while indirect costs consist of diseases and disability later in life as a result of adverse childhood experiences, lifelong therapy, and involvement in the criminal justice system. In addition, long-term economic consequences are present in the lives of victims of child maltreatment. Women who have been exposed to abuse and neglect have been shown to have fewer years of formal schooling, lower IQ scores, less employment and lower earnings, while men have shown to be less likely to be employed in skilled jobs. ²

Due to the risks and consequences of child maltreatment, for the child victim, for the families, and for the community as a whole, the importance of the prevention of child maltreatment cannot be overstated.

Child Maltreatment Statistics in Nevada

The Nevada Division of Child and Family Services reported that from July 2020-June 2021, there were 14,278 investigations of child abuse and neglect and 22.5% (3,019) of those investigation resulted in substantiated cases of child maltreatment.³ In addition, there were 3,052 children in Nevada who lived in out-of-home care in 2019; and unfortunately, there were 20 child fatalities resulting from child maltreatment in Nevada.⁴

The resources Nevada currently has to offer continue to be challenged and cannot keep up with the growing population. Nevada continues to be one of the fastest growing states in the nation,

experiencing an average annual population growth rate between 4.1% and 8.5%. The need for the focus to be on the most beneficial child welfare tool – prevention – now becomes obvious.

The increasing economic pressures on the state of Nevada makes any attempts to reduce taxpayer burden an important factor in any policy decision. Since studies have shown that we can save taxpayer dollars as well as reduce trauma to child victims simply by re-directing the exorbitant costs of foster care in Nevada (\$101 million per year) into prevention, family preservation and family support services, the economic benefit of such services are clearly logical steps. Equally as important, these short-term economic tax benefits can then be transformed into long-term economic benefits for victims.

References

1. Chronic Child Neglect. (2019, January). Retrieved from <u>https://www.childwelfare.gov/pubs/chronic-neglect/</u>

2. Data Book as of July 31, 2021 Division of Child and Family Services Department of Health and Human Services - State of Nevada Available from <u>https://dcfs.nv.gov/uploadedFiles/dcfsnvgov/content/Programs/Data/DCFS_Data_Book_ADA_f</u> <u>or_July_2021.pdf</u>

3. Herrenkohl, T.I., Hong, S., Klika, J.B. et al. Developmental Impacts of Child Abuse and Neglect Related to Adult Mental Health, Substance Use, and Physical Health. J Fam Viol 28, 191–199 (2013). https://doi.org/10.1007/s10896-012-9474-9

4. U.S. Department of Health & Human Services, Administration for Children and Families, Administration on Children, Youth and Families, Children's Bureau. (2021). Child Maltreatment 2019. Available from https://www.acf.hhs.gov/cb/research-data-technology/statistics-research/child-maltreatment

5.Stirling Jr, J., & Amaya-Jackson, L. (2008). Understanding the Behavioral and Emotional Consequences of Child Abuse. Pediatrics, 122(3), 667-673. doi:10.1542/peds.2008-1885

Introduction

The Prevent Child Abuse Nevada (PCANV) Strategic Plan was developed to further the Prevent Child Abuse America (PCAA) mission to prevent the maltreatment of all children in the United States and will serve as a guide to address the issue that child maltreatment is preventable. The following plan outlines strategies towards accomplishing PCANV's five overarching goals and was created to provide the needed efforts to establish resources, programs, and policies to prevent child maltreatment in Nevada. Each goal is broken down into on-going, short term, and long term objectives defined as:

- **On-Going**: secured funding, objectives are currently in place and being maintained;
- Short Term: secured funding, objective requires further development;
- Long Term: requires additional funding in order to develop and/or implement.

This plan will be reviewed regularly to ensure PCANV is on track with stated objectives. The Status of Child Maltreatment in Nevada will be updated on an annual basis to ensure the most recent information is available. At the end of the 5-year period, the plan will undergo a formal review process to determine the most appropriate strategies and objectives.

Mission

The Mission of Prevent Child Abuse Nevada is to ensure that Nevada's children thrive in safe, stable, and nurturing environments and relationships. Through providing education, advocacy, and awareness, Prevent Child Abuse Nevada aims to inspire communities to prevent all forms of child maltreatment.

Vision

The vision of Prevent Child Abuse Nevada is to be the leading community resource and partner for child maltreatment prevention, to empower adults to take the responsibility of preventing child maltreatment upon themselves, and to encourage the community to make children and their safety a priority in Nevada.

Overarching Goals

- **1. Prevent Child Abuse Nevada Chapter Infrastructure** Increase the effectiveness of Prevent Child Abuse Nevada by building internal capacity through board development, staff development, and staff expansion.
- **2.** Community Resource Expand a statewide network of individuals and agencies dedicated to preventing child maltreatment in all its forms.
- **3. Public Awareness** Increase public awareness about child maltreatment by information dissemination, partnerships with other prevention issue groups, and attending statewide events.
- **4. Trainings and Prevention Programs** Strengthen affiliated prevention organizations across the state by identifying and reinforcing best practices using research-based models by developing, implementing, supporting, and conducting innovative trainings, prevention programs, professional development opportunities and by co-sponsoring the Annual Conference.
- **5.** Advocate to Improve Child Safety Influence public policy, programs, and practices that strengthen families and protect children by regularly distributing information regarding child maltreatment prevention initiatives, activities, legislation, and campaigns.

Prevent Child Abuse Nevada Strategic Plan

Overarching Goal 1: Prevent Child Abuse Nevada Chapter Infrastructure - Increase the effectiveness of Prevent Child Abuse Nevada by building internal capacity through board development, staff development, and staff expansion.

Strategy 1.1: Prevent Child Abuse Nevada Chapter Development

Objective 1.1.1. Facilitate Advisory Board Development

- On-Going Maintain a statewide advisory board including membership guidelines, member positions, and documentation of board structure and responsibilities.
- On-Going Strategically recruit new board members to fill the needs of the Board.
- On-Going Establish a Parent Advisory Group that will advocate for the needs of parents and families in Nevada.

Objective 1.1.2. Facilitate Advisory Board Engagement

- On-Going Coordinate quarterly update meetings and committee meetings.
- On-Going Provide opportunities for Advisory Board participation in events and activities that will spread awareness of the importance of preventing child maltreatment.

Objective 1.1.3. Internal Staff Professional Development

- On-Going Attend and participate in Prevent Child Abuse America chapter meetings, webinars, and other opportunities to gain information relevant to child maltreatment.
- On-Going Prevent Child Abuse Nevada will submit presentations to and attend at least 2 local conferences per year, preferable one in Northern Nevada and one in Southern Nevada.
- Long Term Build internal capacity for expertise on the latest national trends and research related to child maltreatment and prevention activities by attending national trainings and conferences.

Objective 1.1.4. Maintain Prevent Child Abuse Nevada Charter with Prevent Child Abuse America

- On-Going Work with Prevent Child Abuse Nevada staff and advisory board to complete self-assessment to meet annual chartering objectives.
- Short Term Upkeep of all documentation and chapter growth to maintain national affiliation and aid in the charter renewal process.

Objective 1.1.5. Monitor Procedure of Strategic Plan

- On-Going Maintain and update procedures and instruments for use by the advisory board to monitor and review progress, at minimum, on an annual basis. This includes the Strategic Plan and Annual Report, as well as any necessary adjustments.
- On-Going Regular internal staff meetings prior to advisory board meetings for updates.
- Short Term Internal review of references and revisit Strategic Plan every 5 years to make major adjustments for following 5-year plan.

Strategy 1.2: Increase Sustainability and Growth of the Prevent Child Abuse Nevada chapter

Objective 1.2.1. Secure Funding Sources

- On-Going Search and apply for federal and local grant funds to support and grow chapter activities.
- On-Going: Seek donations and in-kind gifts, and sustain a partnership with sponsors to continue annual fundraising efforts to maintain chapter activities.
- Short Term Continue implementing annual fundraising activities that will assist with chapter sustainability.
- Long Term Foster board culture that strengthens individual commitment of financial support of the organization.
- Long Term Develop an annual formal fundraising activity that will expand chapter activities.
- Long Term Move to a more proactive approach to secure a financial reserve of \$100,000 to support and sustain chapter activities.

Objective 1.2.2. Sustain Prevent Child Abuse Nevada Staff

- On-Going Retain funding for an Outreach Coordinator and Trainer.
- Long Term As funding allows, increase staff to include a full time Director of Programs and full time Northern Nevada Training/Outreach Coordinator.

Overarching Goal 2: Community Resources - Expand a statewide network of individuals and agencies dedicated to preventing child maltreatment in all its forms.

Strategy 2.1: Strengthen a Statewide Network of Prevention Partners in Nevada

Objective 2.1.1. Enhance the Statewide Network of Prevention

- On-Going Conduct outreach activities for individuals and related organizations and councils in Nevada, determine prevention needs, interest and commitment in prevention statewide.
- On-Going Maintain relationships with substance abuse coalitions, domestic violence coalitions, sexual assault prevention coalitions statewide, and other related groups to reinforce partnerships for potential outreach activities, trainings, and presentations.

Objective 2.1.2. Increase Statewide Network Communication

- On-Going Provide frequent communication to statewide network regarding information from Prevent Child Abuse America, local and national training opportunities, new research, and local and national events.
- On-Going Conduct biannual webinars with the prevention network to stay connected and assess the ongoing needs at a statewide level.
- Long Term Develop a communication plan for statewide networks to present learning and professional opportunities.

Overarching Goal 3: Public Awareness - Increase public awareness about child maltreatment by information dissemination, partnerships with other prevention issues, and attending statewide events.

Strategy 3.1: Review, Provide, and Promote Materials and Information with Awareness of and Sensitivity to Geographic, Racial, Ethnic, and Cultural Practices and Differences to Diverse Audiences

Objective 3.1.1. Develop Print and Electronic Materials for the Community

- On-Going Prevent Child Abuse Nevada will actively promote its affiliation with Prevent Child Abuse America and utilize/adapt national materials and materials from other states for local use.
- Short Term Create communication tools and messages that provide a consistent voice for child abuse prevention efforts including current facts, trends, costs, etc. including writing and submitting op eds.

Objective 3.1.2. Distribute Materials and Information for the Community via Electronic Platforms and Community Events

- On-Going As a statewide organization, Prevent Child Abuse Nevada will review and promote information, and attend community awareness events to disseminate material to the general community and other participating organizations.
- On-Going Maintain and update social marketing tools such as Facebook, Twitter and Instagram to provide the community with information related to child maltreatment prevention, child development, positive parenting practices, and other relevant information.
- On-Going Provide a quarterly update with Prevent Child Abuse Nevada News, Prevent Child Abuse America News, Family Events, Policy Updates and other new resources.
- On-Going Maintain chapter website with the most up to date news, data, and resources, and current trends in child maltreatment prevention.
- Short Term Create a plan to maximize online visibility including the optimization of search engines and a redesign of the Prevent Child Abuse Nevada website.

Strategy 3.2: Increase Visibility of Prevent Child Abuse Nevada and Establish the Chapter as a State Leader in the Prevention of Child Maltreatment

Objective 3.2.1. Enhance Public Relations with Media

- On-Going Act as a statewide resource for media and other professionals to provide current facts about child maltreatment in Nevada.
- Short Term Develop a public relations plan to build relationships with local media.
- On-Going Maintain a press kit for Advisory Board Members and Staff to respond when the media reaches out.
- On-Going Submit public responses to parent-child conflict and adult/community responsibility when appropriate.
- Short Term Develop 'earned media' by ensuring press are informed of all Prevent Child Abuse Nevada events and activities via press releases, media advisories, and personal outreach to media contacts when appropriate.

Objective 3.2.2. Leadership in Public Awareness of Child Maltreatment

- On-Going Maximize Pinwheels for Prevention Campaign for awareness and fundraising.
- On-Going Identify and capitalize on opportunities to speak at community conferences or meetings on related issues (e.g. NASW, NevAEYC, NPHA, NNDA).
- Short Term Design and plan targeted marketing strategies to increase public awareness of PCANV and the prevention of child maltreatment, including awareness of Safe Haven Law and Abusive Head Trauma.
- Short Term Develop a volunteer plan to increase community involvement in child maltreatment prevention.

Objective 3.2.3. Leadership in Public Awareness of Specific Issues Related to Child Maltreatment

• On-Going – Child Maltreatment Prevention: Implementation of a statewide Pinwheels for Prevention Campaign in April, Child Abuse Prevention Month.

- Long Term Intimate Partner Violence Prevention: Work with community partners to promote and sustain the Choose Your Partner and Caregiver Carefully Campaign and Expect Respect.
- Long Term Child Sexual Abuse Prevention: Coordinate the Task Force on the Prevention of Sexual Abuse of Children and utilize joint funding to bring the Enough Abuse Campaign to the state at large.
- Long Term Be a statewide resource for information regarding bullying prevention.

Objective 3.2.4. Maintain Partnerships to Stay Involved with Other Relevant Public Awareness Prevention Issues

- On-Going Build strategic partnerships and new relationships for deeper connections to communities to maximize statewide awareness.
- On-Going Participation with Child Death Review, Domestic Violence Fatality Review, and Substance Abuse Coalitions: Maintain a partnership with these review teams in order to share information and implement joint strategies to prevent fatalities due to child maltreatment.

Overarching Goal 4: Trainings and Prevention Programs - Strengthen affiliated prevention organizations across the state by identifying and reinforcing best practices using research-based models in organizational operations, and by developing, implementing, supporting, and conducting innovative trainings, prevention programs, professional development opportunities and co-sponsoring the Annual Conference.

Strategy 4.1: Continue to Reinforce the Six Protective Factors in Nevada to Organizations that Serve Parents and Children

Objective 4.1.1. Encourage Nevada Based Prevention Programs to Intentionally Incorporate the Six Protective Factors as a Foundation for Their Work (Programs include early care and education, home visiting programs, head start programs, Medicaid and Check Up programs, faith-based, and any other relevant community based programs)

- On-Going Prevent Child Abuse Nevada will ensure that this model is included, where appropriate, in trainings that are produced and provided by Prevent Child Abuse Nevada.
- Short Term Prevent Child Abuse Nevada will serve as a resource to provide technical assistance and resources to those seeking to incorporate this model.

Strategy 4.2: Promote and Conduct Evidence-Based and/or Research Based Educational Trainings and Professional Development Opportunities

Objective 4.2.1: Provide Professional Development Opportunities

- On-Going Provide professional development opportunities that address child maltreatment prevention for professionals and youth serving-organizations in the community including, but not limited to: school personnel, early childhood through college, youth-serving organizations, behavioral health and medical professionals, and the general community (in English and Spanish).
- On-Going Organize and co-sponsor the Annual Nevada State Child Abuse Prevention and Safety Conference to provide continuing education units.
- On-Going –Evaluate the effectiveness of all trainings provided by Prevent Child Abuse Nevada.

• Long term – Develop new trainings based on community needs that relate to the prevention of child maltreatment.

Objective 4.2.2: Promote Professional Development Opportunities

• On-Going – Promote professional development opportunities for organizations including, but not limited to: school personnel, early childhood through college, youth-serving organizations, behavioral health and medical professionals, and the general community.

Strategy 4.3: Promote and Conduct Evidence-Based and/or Research Based Educational Prevention Programs and Classes for Parents, Youth, and the General Community

Objective 4.3.1: Provide Classes for Parents, Youth, and the General Community Related to the Prevention of Child Maltreatment

- On-Going Provide awareness trainings that address child maltreatment prevention to educate parents and others in the community (in English and Spanish).
- On-Going Identify and work with additional parenting programs to include information on child maltreatment prevention when appropriate.
- On-Going Provide train the trainer opportunities for professionals to increase available classes for parents, youth, and community members.
- On-Going Evaluate the effectiveness of all trainings provided by Prevent Child Abuse Nevada.
- Long Term Secure funding to provide awareness training and increase available classes for youth.
- Long term Develop new trainings based on community needs that relate to the prevention of child maltreatment.

Objective 4.3.2: Promote Parent and Youth Classes

• On-Going – Promote existing parenting programs in the state whose goal is to prevent child maltreatment.

Overarching Goal 5: Advocate to Improve Child Safety – Influence public policy, programs, and practices that strengthen families and protect children by regularly distributing information regarding child maltreatment prevention initiatives, activities, legislation, and campaigns.

Strategy 5.1: Advocate on Federal and Local Levels to Create and Sustain Policies that Aid in the Prevention of Child Maltreatment

Objective 5.1.1. Identify Local and Federal Polices Related to Child Maltreatment

- On-Going As a statewide organization, Prevent Child Abuse Nevada will keep on new state policies and provide feedback with awareness of and sensitivity to geographic, racial, ethnic, and cultural practices and differences.
- On-Going Monitor current local and federal policies related to child maltreatment that would impact children and families in Nevada.

Objective 5.1.2. Increase Policy Updates Communication

- On-Going Provide information regarding local and federal policies to the community to stay current on issues related to child maltreatment.
- On-Going Provide information regarding child maltreatment prevention in Nevada during the legislative session.
- On-Going Help the Prevent Child Abuse Nevada network have a strong voice and presence when opportunities for feedback arise in moments when important policies are under review.
- Short Term Update and revise a policy agenda that includes strategic objectives, relevant research, and policies that have been shown to be effective.

Strategy 5.2: Build a Formal Network of Key People and Organizations Who Will Work with Prevent Child Abuse Nevada to Advocate for the Prevention of Child Maltreatment

Objective 5.2.1. Build Relationships with Key Stakeholders who currently Advocate for Issues Relating to the Prevention of Child Maltreatment

• On-Going – Continue developing strategic partnerships with others who will spread the prevention message and advocate for resources.

• Short Term – Identify specific agencies and individuals that would be involved in related advocacy work and develop a formal relationship with regards to advocacy activities.

Objective 5.2.2. Conduct and Promote Advocacy Trainings and Provide Resources for the Community

- On-Going Provide advocacy education classes to providers and parents in the community to enhance advocacy skills.
- On-Going Provide statewide advocacy tools and resources through multiple mediums, including the PCANV website and awareness events.